FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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OMB APP	ROVAL								
OMB Number:	3235-0287								
Estimated average burden									

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>CRAPO JAMES D</u>					2. Issuer Name and Ticker or Trading Symbol Lifevantage Corp [LFVN]						(Che	elationship o ck all applica	able)	erson(s) to Issu 10% Ow	
(Last) (First) (Middle) 11545 W. BERNARDO CT.					3. Date of Earliest Transaction (Month/Day/Year) 01/20/2011							Officer (below)	give title	Other (s below)	pecify
SUITE 301 (Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)					Line	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person				
SAN DIEGO CA 92127			92127	_								Form filed by More than One Reporting Person			
(City)	(S	tate)	(Zip)												
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned														
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					Year)	2A. Deemed Execution Date, if any (Month/Day/Yea		Transaction Disposed Code (Instr.		ities Acquir d Of (D) (Ins	ed (A) or str. 3, 4 and 5	Beneficia Owned Fo	Following (I)	orm: Direct I) or Indirect I (Instr. 4) (7. Nature of ndirect Beneficial Dwnership
								Code V	Amount	(A) o (D)	r Price	Reported Transacti (Instr. 3 a	on(s)		Instr. 4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	se (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	5,	
Stock Option (Right to Buy)	\$0.8	01/20/2011		A		120,000		(1)	01/20/2021	Common Stock	120,000	\$0	120,000	D	

Explanation of Responses:

 $1.\ This\ option\ vests$ and becomes exercisable in full on the date of grant.

/s/ James Crapo

01/20/2011

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.