FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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ashington,	D.C.	20549		

on, D.C. 20549	OMB APPROVAL

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(	Check this box if no longer subject to
	Section 16. Form 4 or Form 5
(	obligations may continue. See
	nstruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Fife Steven R					2. Issuer Name <b>and</b> Ticker or Trading Symbol Lifevantage Corp [ LFVN ]								5. Relationship of Reporting Person(s) t (Check all applicable) X Director 10				ner	
(Last) (First) (Middle) 3300 NORTH TRIUMPH BLVD #700						3. Date of Earliest Transaction (Month/Day/Year) 08/24/2023											Other (s below) CEO	pecify
(Street) LEHI UT 84043				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	Individual or Joint/Group Filing (Check Applicable ne)  X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)  Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction of the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.									r written pla	an that i	s intended to	satisfy						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Date			Saction 2A. Deemed Execution Dat if any (Month/Day/Year)		Date,	Transaction Dispose Code (Instr.			ities Acquired (A) or d Of (D) (Instr. 3, 4 ar		5. Amount Securities Beneficial Owned For Reported	ly	Form:	Direct I Indirect E str. 4)	'. Nature of ndirect Beneficial Ownership			
							Code	v	Amount (A) or (D)		r Price	Transactio	tion(s)			Instr. 4)		
Common Stock <sup>(1)</sup> 08/24				24/202	4/2023		A		151,19	06 A	\$0	\$0 543,7			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Yo	ate, Transac			Derivative		Expiration	6. Date Exercisable Expiration Date (Month/Day/Year)		of Securities		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)			
Performance Restricted Stock Units <sup>(2)</sup>	(3)	08/24/2023			A	v	V 151,196		(3)		(3)	Common Stock	151,196	\$0	151,196		D	

## **Explanation of Responses:**

- 1. This reflects a stock unit award, in which each stock unit represents a right to receive one share of issuer common stock, which award will vest, subject to the reporting person's continued service with the issuer, as follows: (i) 1/3 of the total number of units will vest on August 31, 2024 and (ii) the remaining units will vest in equal installments as of the first day of each of the eight calendar quarters thereafter.
- 2. Each PRSU represents a right to receive one share of issuer common stock, with the total number of units reflecting the number that are eligible to be earned at target-level performance achievement. Upon achievement of the maximum level of the applicable performance criteria, the reporting person may become eligible to earn 200% of the target number of units.
- 3. The PRSUs will vest only to the extent the specified financial performance criteria are achieved and subject to the reporting person's continued service with the issuer, as follows: (i) 50% of the earned award will vest on August 31, 2024 (ii) 30% of the earned award will vest on August 31, 2025 and (iii) 20% of the earned award will vest on August 31, 2026.

## Remarks:

Alissa Neufeld, Power of Attorney for Steven R. Fife \*\* Signature of Reporting Person

08/28/2023

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.