FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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Name and Address of Reporting Person*  Wach Charles J.					2. Issuer Name <b>and</b> Ticker or Trading Symbol  Lifevantage Corp [ LFVN ]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
<u>wach Charles J.</u>									-						Direc	ctor	10%	Owner		
(Last)	(Last) (First) (Middle)					Date of Earliest Transaction (Month/Day/Year)								$\dashv$	X	Office belov	er (give title v)	Othe belov	r (specify v)	
					01/0	01/08/2019									(	Chief Oper	ating Officer			
9785 SO	UTH MON	ROE STREET, S	SUITE 40	00													_	_		
(Street)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
SANDY	U	Γ 8	34070												X	Form	n filed by One	e Reporting Per	son	
(City)	(6+	oto) (	Zin)												Form filed by More than One Reporting Person			porting		
(City)	(31	ate) (	Zip)																	
		Tabl	e I - Nor	n-Deriva	ative	Sec	curitie	s Acc	quired,	Dis	posed o	f, or	Bene	eficia	ally (	Owne	ed			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)				Execution Date,		n Date,	Code (Instr.						nd	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code	v	Amount		(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)			(111501.4)				
Common Stock <sup>(1)</sup> 01/08/					/2019			A		15,500		A \$0		0	26,775		D			
		Та	ble II - C								sed of, onvertib				y Ov	vned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,		ransaction ode (Instr.		n of		exercis on Dat Day/Ye		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)					9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
					Code		(A)	(D)	Date Exercisable		Expiration Date	Title	Nun of							

## Explanation of Responses:

1. This reflects a stock unit award that the reporting person elected to receive in lieu of cash in satisfaction of a phantom award granted on February 2, 2018. Each stock unit represents a right to receive one share of issuer common stock, which award will vest, subject to the reporting person's continued service with the issuer, on the one-year anniversary of the grant date.

## Remarks:

<u>/s/ Charles J. Wach</u> <u>01/10/2019</u>

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.