FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

TATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHANGES IN
obligations may continue. See	Filed grows and the Continue (CC) of the C
Instruction 1(b).	Filed pursuant to Section 16(a) of the S

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Fife Steven R						2. Issuer Name and Ticker or Trading Symbol Lifevantage Corp [LFVN]									heck all a Dir	pplicable) ector		Owner
(Last) (First) (Middle) 9785 SOUTH MONROE STREET, SUITE 400						3. Date of Earliest Transaction (Month/Day/Year) 03/13/2019										icer (give title ow) Chief Fina	below ncial Officer	(specify ')
(Street) SANDY UT 84070 (City) (State) (Zip)				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								ne) <mark>X</mark> Fo Fo	ridual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tabl	e I - No	n-Deriv	ative	Sec	curitie	s Acc	quired,	Dis	posed o	f, or	Bene	eficia	Ily Ow	ned		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution Date,						ies Acquired (A) of (D) (Instr. 3, 4			d 5) Sec Ben Owr	mount of urities eficially led Following orted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A (C	A) or D)	Price	Tran	saction(s) r. 3 and 4)		(1130.4)
Common Stock 03/13/					/2019	2019		F		12,833([1)	D	\$14.	18	99,991	D		
		Та									osed of, onvertib				/ Owne	d		
1. Title of Derivative Security (Instr. 3)			n Date,	4. Transaction Code (Instr. 8)		n of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			8. Price o Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisa	ble	Expiration Date	Title	of Sha	res					

Explanation of Responses:

1. These shares were withheld to satisfy tax withholding obligations in connection with the vesting of a restricted stock award granted on March 28, 2017.

Remarks:

/s/ Steven R. Fife

03/14/2019

** Signature of Reporting Person

Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

 $Note: File \ three \ copies \ of \ this \ Form, \ one \ of \ which \ must \ be \ manually \ signed. \ If \ space \ is \ insufficient, \ see \ Instruction \ 6 \ for \ procedure.$

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.