FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

l	UMB APPRO	IVAL			
	OMB Number:	3235-0287			
l	Estimated average burde	en			
l	hours per response:	0.5			

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(h).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Fife Steven R					2. Issuer Name <b>and</b> Ticker or Trading Symbol Lifevantage Corp [ LFVN ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  Officer (give title Other (specify				
(Last) (First) (Middle) 9785 SOUTH MONROE STREET, SUITE 400				3. Date of Earliest Transaction (Month/Day/Year) 11/15/2018									below)	nief Finar	ncial (	below)	pecity	
(Street) SANDY (City)	UT (Sta		4070 (ip)		4. If Amendment, Date of Original Filed (Month/Day/Year)						//Year)	Line	Individual or Joint/Group Filing (Check Applicable ne)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3)  2. Transa Date (Month/D				Execution Date,				ransaction Disposed Of (D) (Instr. 3, 4 ode (Instr. 5)					Form:	Direct I Indirect E str. 4)	7. Nature of ndirect Beneficial Dwnership Instr. 4)			
								Code	v	Amount	(A) or (D)	Price	Transacti (Instr. 3 a	on(s)			(mour 4)	
Common Stock <sup>(1)</sup> 11/15/				11/15/2	/2018		A		14,551	A \$0		91,324			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/\)	ate, Tr	ransaction ode (Instr.		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		е	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				C	ode	v	(A)		Date Exercisal		Expiration Date	Title	Amount or Number of Shares					
Performance Stock Units <sup>(2)</sup>	(3)	11/15/2018			A	v	14,551		(3)		(3)	Common Stock	14,551	\$0	14,551	1	D	

## Explanation of Responses:

- 1. This reflects a stock unit award, in which each stock unit represents a right to receive one share of issuer common stock, which award will vest, subject to the reporting person's continued service with the issuer, as follows: (i) 5/12ths of the total number of units will vest as of the first day of each calendar quarter
- 2. Each performance unit award represents a right to receive one share of issuer common stock, with the total number of units reflecting the number that are eligible to be earned at target-level performance achievement. Upon achievement of the maximum level of the applicable performance criteria, the reporting person may become eligible to earn 200% of the target number of units.
- 3. The performance units will vest only to the extent the specified financial performance criteria are achieved and subject to the reporting person's continued service with the issuer, as follows: (i) 5/12ths of the earned award will vest on the first anniversary of the grant date and (ii) an additional 1/12 of the earned award will vest as of the first day of each calendar quarter thereafter.

## Remarks:

/s/ Steven R. Fife

11/30/2018

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.