

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Mauro Garry Paul</u> (Last) (First) (Middle) 3300 TRIUMPH BLVD, SUITE 700 (Street) LEHI UT 84043 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>Lifvantage Corp [LFVN]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner Officer (give title below) Other (specify below)
	3. Date of Earliest Transaction (Month/Day/Year) 12/29/2022	
	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	12/29/2022		G	V	125,000 ⁽¹⁾	D	\$0	59,769	D	
Common Stock	12/29/2022		G	V	25,000	A	\$0	25,000	I	By The Francesco A. Mauro Trust of 2021 ⁽²⁾
Common Stock	12/29/2022		G	V	25,000	A	\$0	25,000	I	By The Andrew H. Mauro Trust of 2021 ⁽³⁾
Common Stock	12/29/2022		G	V	25,000	A	\$0	25,000	I	By The Dominic C. Mauro Trust of 2021 ⁽⁴⁾
Common Stock	12/29/2022		G	V	25,000	A	\$0	25,000	I	By The David W.B. Mauro Trust of 2021 ⁽⁵⁾
Common Stock	12/29/2022		G	V	25,000	A	\$0	25,000	I	By The Alexandra P. Mauro Trust of 2021 ⁽⁶⁾

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V		Date Exercisable	Expiration Date					

Explanation of Responses:

- On December 29, 2022, the Reporting Person transferred 25,000 shares of the Issuer's common stock to each of five irrevocable trusts of which the Reporting Person is the trustee and his adult children are beneficiaries.
- These shares are held by The Francesco A. Mauro Trust of 2021, of which the Reporting Person is trustee and his adult child is beneficiary. The Reporting Person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein, if any.
- These shares are held by The Andrew H. Mauro Trust of 2021, of which the Reporting Person is trustee and his adult child is beneficiary. The Reporting Person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein, if any.

4. These shares are held by The Dominic C. Mauro Trust of 2021, of which the Reporting Person is trustee and his adult child is beneficiary. The Reporting Person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein, if any.

5. These shares are held by The David W.B. Mauro Trust of 2021, of which the Reporting Person is trustee and his adult child is beneficiary. The Reporting Person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein, if any.

6. These shares are held by The Alexandra P. Mauro Trust of 2021, of which the Reporting Person is trustee and his adult child is beneficiary. The Reporting Person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein, if any.

Remarks:

Alissa Neufeld, Power of
Attorney for Garry P. Mauro 01/03/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.