FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hausa nas saananaa	0.5						

_	Check this box if no longer subject to Section 16.	
-1	Form 4 or Form 5 obligations may continue. See	
_	Instruction 1(b).	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Mauro Garry Paul					2. Issuer Name and Ticker or Trading Symbol Lifevantage Corp [ LFVN ]									Relationship of Reporting Person (Check all applicable)     X Director			10% Owner		
(Last) 3300 TRIUMPH BLVI	(First) D, SUITE 7	•	ddle)		3. Date of Earliest Transaction (Month/Day/Year) 11/12/2021									Officer (give ti	itle below)		Other (sp	pecify below)	
(Street) LEHI	UT	84	043	4	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person					
(City)	(State)	(Zip	<u> </u>		Derivative Securities Acquired, Disposed of, or Beneficially Owned														
1 Tide of Consuits (Install			Table I - N	_	erivative	Securi 2A. Dee						neficially red (A) or Di		E Amount of So	ourition	6 Owner	chin Form:	7. Nature of	
and the county (mound)		Date			Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		. 3, 4 and !		sposeu Oi	Beneficially Owned Following Reported Transaction(s) (Instr. 3		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		Indirect Beneficial Ownership			
						(MOHIII/Day/Tear)		٧	Amount		(A) or (D)	Price	and 4)			(Instr. 4)			
Common Stock				11/	12/2021			A		10,981(1)		A	\$7.15	184,494		]	D		
Common Stock														196				By Son (F.M.)	
Common Stock														195			I	By Son (A.M.)	
Common Stock														195			I	By Son (D.M.)	
Common Stock	nmon Stock										54			I	By Daughter (A.P.M.)				
Common Stock	nmon Stock											54			I	By Son (D.W.M.)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security			4. Trans Code (In	str. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercis Expiration Date (Month/Day/Yea		Underl			of Securities e Security (In	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following	ve O es Fe ally (E	o. wnership orm: Direct o) or direct (I) nstr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
Security				Code	v	(A)	(D)	Date Exercis		expiration Date	Title		Amount or Number of Shares		Reported	rted saction(s)			

1. These shares were granted to the reporting person pursuant to the issuer's outside director compensation program and will vest in a single installment on November 12, 2022, subject to continued service through such date.

## Remarks:

Exhibit 24 - Power of Attorney

Steven R. Fife, Power of Attorney for

Garry P. Mauro

\*\* Signature of Reporting Person

11/16/2021

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

OF ATTORNEY

Know all by these presents that the undersigned hereby constitutes and appoints, Alissa Neufeld and Steven R. Fife, with full power of si

(1) prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commiss:

(2) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of LifeVantage Corporat:

(3) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute;

(4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorneys-in-fact, may the undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsometry to the complete and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 15th day of November, 2021.

/s/ Garry Mauro Garry Mauro