FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

MISSION ON D.C. 20549

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

l .	d Address of Re <u>Matthew</u>	eporting Person*	2. Date of E Requiring S (Month/Day 06/22/202	tatement /Year)	3. Issuer Name and Ticker or Trading Symbol Lifevantage Corp [LFVN]					
(Last)	(Last) (First) (Middle) 3300 TRIUMPH BLVD, SUITE 700		00/22/2021		4. Relationship of Reporting Issuer (Check all applicable)	,		5. If Amendment, Date of Original Filed (Month/Day/Year)		
(Street) LEHI UT 84043				Director X Officer (give title below) Chief Operatin	10% Owner Other (specify below) g Officer		6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State) (Zip)										
Table I - Non-Derivative Securities Beneficially Owned										
1. Title of Security (Instr. 4)					2. Amount of Securities Beneficially Owned (Instr. 4)	3. Own Form: I (D) or I (I) (Inst	Direct (I. Nature of Indirect Beneficial Ownership (Instr. 5)		
Common Stock ⁽¹⁾					30,000	I				
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
, , ,			2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of S Underlying Derivative So (Instr. 4)		4. Conversion Exerci	ise Form:	6. Nature of Indirect Beneficial Ownership (Instr.	
			Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Price of Derivativ Security		5)	

Explanation of Responses:

1. These restricted stock units ("RSUs") were acquired pursuant to a restricted stock award granted May 24, 2021, which vests in three equal annual installments on each of May 24, 2022, May 24, 2023, and May 24, 2024, subject to continued service with the Company. These RSUs expire on May 24, 2031.

Remarks:

/s/ Matthew Cooley

06/22/2021

** Signature of Reporting

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.